













































WYNIKI ZAWODÓW**Bieg 10 km - Young**

Organizator: Fundacja „Biegamy z Sercem”

Termin: 03.10.2015

Miejsce: Gliwice

Dystans: 10 km

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Czas Time	Netto	[min/km]
Bieg 10 km - Young [52]											
1	112	KUJAWSKA Aleksandra	ZABRZE		POL	97	Youn/1	(K)1	00:40:36	00:40:33	04.03
2	175	POPIEL-KRUK Aleksandra	GLIWICE		POL	78	Youn/2	(K)2	00:44:05	00:44:02	04.24
3	259	ZAPART Aleksandra	GLIWICE		POL	90	Youn/3	(K)3	00:44:05	00:43:54	04.23
4	69	GRZEGORCZYK Ewelina	GLIWICE		POL	85	Youn/4	(K)4	00:44:14	00:44:13	04.25
5	273	JANTAS Dominika	GLIWICE		POL	97	Youn/5	(K)7	00:49:00	00:48:55	04.53
6	236	WAGNER Lucyna	RYBNIK		POL	81	Youn/6	(K)8	00:49:04	00:48:48	04.52
7	184	RACZEK Magdalena	GLIWICE		POL	86	Youn/7	(K)10	00:50:41	00:50:21	05.02
8	114	LAMPA Alicja	GLIWICE		POL	89	Youn/8	(K)11	00:51:00	00:50:43	05.04
9	121	ŁOZIŃSKA Edyta	RUDA ŚLĄSKA		POL	80	Youn/9	(K)12	00:51:02	00:50:45	05.04
10	19	CHOMIAK Anna	DRZONKÓW		POL	95	Youn/10	(K)13	00:51:27	00:51:16	05.07
11	134	MASZTALSKA Joanna	ZABRZE		POL	98	Youn/11	(K)15	00:51:40	00:51:35	05.09
12	170	PLEWNIA Irena	WODZISŁAW ŚLĄSKI		POL	80	Youn/12	(K)16	00:52:01	00:51:46	05.10
13	242	WILK Grażyna	PYSKOWICE		POL	91	Youn/13	(K)17	00:52:23	00:52:21	05.14
14	96	KONIECZKA Katarzyna	BYTOM		POL	76	Youn/14	(K)19	00:52:33	00:52:16	05.13
15	202	SKÓRA Aneta	GLIWICE		POL	81	Youn/15	(K)21	00:52:53	00:52:44	05.16
16	66	GRACH Aleksandra	GLIWICE		POL	76	Youn/16	(K)22	00:53:24	00:53:02	05.18
17	99	KORGEŁ Dorota	ZABRZE		POL	83	Youn/17	(K)23	00:53:25	00:53:06	05.18
18	249	WOŚKO Anna	GLIWICE		POL	94	Youn/18	(K)24	00:53:57	00:53:45	05.22
19	257	ZAMOJSKA Iwona	BYTOM		POL	78	Youn/19	(K)25	00:53:59	00:53:41	05.22
20	129	MALSKA-WYROZUMSKA Małgorzata	GLIWICE		POL	80	Youn/20	(K)26	00:54:19	00:54:10	05.25
21	45	FILIPIAK Beata	BYTOM		POL	76	Youn/21	(K)27	00:54:26	00:54:09	05.24
22	213	SZAMPERA Agnieszka	ZAWADZKIE		POL	80	Youn/22	(K)29	00:54:40	00:54:18	05.25
23	238	WALASZCZYK Anna	GLIWICE		POL	79	Youn/23	(K)30	00:54:41	00:54:18	05.25
24	11	BŁASZCZYK Paulina	GLIWICE		POL	86	Youn/24	(K)32	00:54:46	00:54:29	05.26
25	64	GORZEŃ Aneta	WROCLAW		POL	91	Youn/25	(K)33	00:55:07	00:55:01	05.30
26	65	GRABARCZYK Patrycja	KNURÓW		POL	93	Youn/26	(K)35	00:55:53	00:55:52	05.35
27	49	FYSZ Monika	BYTOM		POL	96	Youn/27	(K)36	00:55:54	00:55:39	05.33
28	109	KRZAK Magdalena	SOŚNICOWICE		POL	76	Youn/28	(K)39	00:56:06	00:56:03	05.36
29	186	RAŚ Maria	CHORZÓW		POL	93	Youn/29	(K)40	00:56:23	00:55:56	05.35
30	208	SROKA Marzena	GLIWICE		POL	80	Youn/30	(K)43	00:57:33	00:57:28	05.44
31	98	KONOPKA-PUDEŁKO Aleksandra	GLIWICE		POL	79	Youn/31	(K)45	00:57:43	00:57:24	05.44
32	205	SOBOLEWSKA Beata	SOSNOWIEC		POL	77	Youn/32	(K)47	00:57:57	00:57:43	05.46
33	177	PRZYBYLSKA Magdalena	SOSNOWIEC		POL	93	Youn/33	(K)48	00:59:09	00:58:58	05.53
34	194	SADOWSKA Ewa	GLIWICE		POL	90	Youn/34	(K)49	00:59:10	00:58:53	05.53
35	276	MAZUREK Patrycja	ZABRZE		POL	94	Youn/35	(K)50	00:59:51	00:59:30	05.57
36	110	KUBAN Iwona	KATOWICE		POL	83	Youn/36	(K)51	00:59:54	00:59:33	05.57
37	195	SERWACZAK Joanna	ZABRZE		POL	92	Youn/37	(K)53	01:00:19	01:00:10	06.01
38	71	GRZYB Agata	KAMIENICA POLSKA		POL	92	Youn/38	(K)54	01:00:20	01:00:10	06.01
39	197	SIERAKOWSKA Anna	GLIWICE		POL	85	Youn/39	(K)56	01:00:20	01:00:12	06.01
40	162	PEREK Justyna	GLIWICE		POL	83	Youn/40	(K)58	01:00:50	01:00:38	06.03
41	203	SŁOCIŃSKA Anna	WOŹNIKI		POL	92	Youn/41	(K)59	01:01:08	01:00:58	06.05
42	245	WOJCIECHOWSKA Milena	BYTOM		POL	89	Youn/42	(K)60	01:01:50	01:01:30	06.09
43	211	SWACZYNA Agnieszka	GLIWICE		POL	77	Youn/43	(K)61	01:02:33	01:02:14	06.13
44	78	JANOSZEK Małgorzata	GLIWICE		POL	79	Youn/44	(K)62	01:04:01	01:03:58	06.23

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Czas Time	Netto	[min/km]
45	155	OLBRYŚ Małgorzata	KNURÓW		POL	85	Youn/45	(K)63	01:04:18	01:04:13	06.25
46	285	GREŃ Joanna	ZABRZE		POL	77	Youn/46	(K)65	01:04:21	01:04:01	06.24
47	21	CYMBALA Mirosława	GLIWICE		POL	85	Youn/47	(K)66	01:05:19	01:04:56	06.29
48	215	SZCZEPAŃSKA Anna	ZABRZE		POL	92	Youn/48	(K)67	01:05:47	01:05:31	06.33
49	137	MAZURKIEWICZ Anna	GLIWICE		POL	78	Youn/49	(K)70	01:12:16	01:11:54	07.11
50	51	GAJDA Joanna	RADLIN		POL	91	Youn/50	(K)71	01:29:15	01:28:53	08.53
51	160	PAWLIKOWSKA Anna	GLIWICE		POL	91	Youn/51	(K)72	01:29:15	01:28:55	08.53

Bieg 10 km - ForYou [21]

1	163	PĘDOWSKA Bożena	GLIWICE		POL	65	ForY/1	(K)5	00:47:12	00:47:04	04.42
2	227	ŚLEZIAK Ewa	TARNOWSKIE GÓRY		POL	70	ForY/2	(K)6	00:47:45	00:47:43	04.46
3	27	CZAUDERNA Klaudia	GLIWICE		POL	75	ForY/3	(K)9	00:50:01	00:49:37	04.57
4	287	BOGUĆKA Joanna	GLIWICE		POL	70	ForY/4	(K)14	00:51:37	00:51:18	05.07
5	35	DOMARADZKA Ewa	PYSKOWICE		POL	74	ForY/5	(K)18	00:52:27	00:52:17	05.13
6	293	GABRYŚ Jola	GLIWICE		POL	75	ForY/6	(K)20	00:52:39	00:52:18	05.13
7	265	ZIĘTAŁ Halina	BYTOM		POL	58	ForY/7	(K)28	00:54:39	00:54:36	05.27
8	62	GOŁĘBIOWSKA Aleksandra	GLIWICE		POL	67	ForY/8	(K)31	00:54:42	00:54:37	05.27
9	59	GLINIANY Małgorzata	WYRY		POL	70	ForY/9	(K)34	00:55:20	00:55:20	05.32
10	39	DUSS Sonia	GLIWICE		POL	69	ForY/10	(K)37	00:55:54	00:55:50	05.35
11	23	CZAPEK Anna	GLIWICE		POL	75	ForY/11	(K)38	00:55:59	00:55:35	05.33
12	156	ONAK Izabela	GLIWICE		POL	71	ForY/12	(K)41	00:56:34	00:56:26	05.38
13	157	OPANOWSKA Anna	GLIWICE		POL	73	ForY/13	(K)42	00:56:39	00:56:19	05.37
14	171	PLUCIŃSKA Edyta	SOSNOWIEC		POL	72	ForY/14	(K)44	00:57:41	00:57:15	05.43
15	116	LESZCZYŃSKA Małgorzata	GLIWICE		POL	70	ForY/15	(K)46	00:57:44	00:57:39	05.45
16	111	KUBIAK Celina	GLIWICE		POL	75	ForY/16	(K)52	01:00:01	00:59:56	05.59
17	8	BERTHELSEN Beata	SOSNOWIEC		POL	70	ForY/17	(K)55	01:00:20	01:00:13	06.01
18	29	CZERNIEWICZ Anna	KNURÓW		POL	74	ForY/18	(K)57	01:00:49	01:00:36	06.03
19	250	WOŹNIAK Anna	BYTOM		POL	75	ForY/19	(K)64	01:04:19	01:03:59	06.23
20	292	SZCZEPAŃSKA Mariola	GLIWICE		POL	70	ForY/20	(K)68	01:08:10	01:07:54	06.47
21	40	DYAKOWSKA Małgorzata	USTRON		POL	71	ForY/21	(K)69	01:10:48	01:10:24	07.02

Bieg 10 km - Young [109]

1	193	RYSZKA Dariusz	ZABRZE		POL	92	Youn/1	(M)1	00:34:32	00:34:32	03.27
2	105	KOZDOŃ Jarosław	ŻORY		POL	84	Youn/2	(M)2	00:35:22	00:35:22	03.32
3	181	PUDELKO Roman	CHRÓŚCINA		POL	88	Youn/3	(M)3	00:37:13	00:37:06	03.42
4	246	WOLNY Dariusz	STRZELCE OPOLSKIE		POL	81	Youn/4	(M)4	00:38:22	00:38:19	03.49
5	300	BUDKA Borys	GLIWICE		POL	78	Youn/5	(M)5	00:38:43	00:38:43	03.52
6	142	MIKOSZ Piotr	KNURÓW		POL	91	Youn/6	(M)6	00:39:13	00:39:11	03.55
7	199	SKALSKI Mateusz	GLIWICE		POL	85	Youn/7	(M)8	00:39:40	00:39:28	03.56
8	190	ROGAŁA Grzegorz	WYRY		POL	91	Youn/8	(M)9	00:39:56	00:39:56	03.59
9	248	WOLNY Krzysztof	ZABRZE		POL	81	Youn/9	(M)10	00:39:58	00:39:58	03.59
10	281	DOMAGAŁA Kamil	ZABRZE		POL	91	Youn/10	(M)11	00:40:57	00:40:50	04.05
11	154	NOGA Krystian	WODZISŁAW ŚLĄSKI		POL	82	Youn/11	(M)12	00:41:23	00:41:16	04.07
12	83	JÓZEFIAK Rafał	RACIBÓRZ		POL	78	Youn/12	(M)14	00:41:31	00:41:31	04.09
13	118	LIPKA Sebastian	OGRODZIENIEC		POL	80	Youn/13	(M)15	00:41:42	00:41:40	04.10
14	76	IBROM Mateusz	ZABRZE		POL	92	Youn/14	(M)16	00:41:49	00:41:38	04.09
15	84	JUZYK Adam	RUDA ŚLĄSKA		POL	77	Youn/15	(M)17	00:41:59	00:41:50	04.11
16	201	SKORUPKA Adam	GLIWICE		POL	98	Youn/16	(M)18	00:42:06	00:41:52	04.11
17	127	MAJ Przemysław	JASTRZĘBIE-ZDRÓJ		POL	87	Youn/17	(M)19	00:42:15	00:42:14	04.13
18	4	BALZAM Kamil	ŻORY		POL	92	Youn/18	(M)20	00:42:39	00:42:29	04.14
19	10	BŁASIAK Krzysztof	WYRY		POL	93	Youn/19	(M)22	00:42:52	00:42:46	04.16
20	165	PIĄTEK Mateusz	BUKOWNO		POL	91	Youn/20	(M)24	00:43:09	00:43:08	04.18
21	31	ĆWIK Tomasz	RACIBÓRZ		POL	88	Youn/21	(M)28	00:43:26	00:43:26	04.20
22	185	RACZEK Sławomir	GLIWICE		POL	79	Youn/22	(M)29	00:43:37	00:43:31	04.21
23	158	OPUCHLIK Roman	ŚWIĘTOCHŁOWICE		POL	80	Youn/23	(M)31	00:44:02	00:44:02	04.24
24	173	POGOCKI Piotr	KNURÓW		POL	79	Youn/24	(M)32	00:44:04	00:43:53	04.23
25	260	ZAWADA Sebastian	KNURÓW		POL	79	Youn/25	(M)33	00:44:23	00:44:21	04.26
26	147	MUSIOL Patryk	KOTY		POL	97	Youn/26	(M)34	00:44:27	00:44:27	04.26
27	263	ZIELIŃSKI Sebastian	ZABRZE		POL	79	Youn/27	(M)35	00:44:39	00:44:18	04.25

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Czas Time	Netto	[min/km]
28	269	PISAREK Łukasz	BURZENIN	POL		84	Youn/28	(M)36	00:44:40	00:44:17	04.25
29	60	GŁOGOWSKI Konrad	GLIWICE	POL		87	Youn/29	(M)37	00:44:50	00:44:48	04.28
30	229	ŚLIWIŃSKI Piotr	GLIWICE	POL		85	Youn/30	(M)38	00:45:02	00:44:57	04.29
31	55	GAWRYSIAK Piotr	KNURÓW	POL		87	Youn/31	(M)40	00:45:03	00:44:38	04.27
32	20	CHOMICZ Krzysztof	KRAKÓW	POL		79	Youn/32	(M)41	00:45:04	00:44:48	04.28
33	254	WYDMAŃSKI Paweł	ZALESIE GOLCZOWSKIE	POL		78	Youn/33	(M)42	00:45:05	00:44:54	04.29
34	107	KROCZEK Marcin	POTĘPA	POL		97	Youn/34	(M)43	00:45:06	00:45:06	04.30
35	216	SZCZEPAŃSKI Rafał	BYTOM	POL		76	Youn/35	(M)44	00:45:10	00:45:04	04.30
36	67	GRELA Piotr	RACIBÓRZ	POL		78	Youn/36	(M)46	00:45:24	00:45:08	04.30
37	244	WITEK Jacek	GLIWICE	POL		77	Youn/37	(M)48	00:45:33	00:45:29	04.32
38	167	PIETRYSZAK Paweł	NIEBOROWICE	POL		83	Youn/38	(M)49	00:45:37	00:45:29	04.32
39	140	NICZKE Paweł	TYCHY	POL		87	Youn/39	(M)50	00:45:42	00:45:20	04.32
40	266	ZOMERLIK Tomasz	ZEBRZYDOWICE	POL		88	Youn/40	(M)51	00:45:50	00:45:43	04.34
41	17	BROL Karol	BORONÓW	POL		93	Youn/41	(M)52	00:45:51	00:45:40	04.34
42	52	GAJDECZKA Michał	OLESNO	POL		80	Youn/42	(M)53	00:46:04	00:45:47	04.34
43	251	WRÓBEL Dariusz	ZABRZE	POL		91	Youn/43	(M)57	00:46:13	00:46:06	04.36
44	267	ZYDEK Grzegorz	RYBNIK	POL		88	Youn/44	(M)59	00:46:14	00:46:02	04.36
45	102	KOTERBA Sebastian	RACIBÓRZ	POL		77	Youn/45	(M)62	00:46:17	00:46:04	04.36
46	277	WYROBEK Tomasz	PANIÓWKI	POL		76	Youn/46	(M)67	00:46:42	00:46:32	04.39
47	87	KASZUBSKI Andrzej	ZABRZE	POL		80	Youn/47	(M)69	00:46:47	00:46:31	04.39
48	191	ROMANIAK Marcin	RUDA ŚLĄSKA	POL		76	Youn/48	(M)71	00:47:04	00:46:38	04.39
49	180	PUCHAŁA Mateusz	ZABRZE	POL		93	Youn/49	(M)72	00:47:10	00:46:47	04.40
50	74	HEFKO Marek	RACIBÓRZ	POL		77	Youn/50	(M)74	00:47:17	00:47:01	04.42
51	43	DZIAMSKI Ryszard	CHORZÓW	POL		76	Youn/51	(M)76	00:47:27	00:47:09	04.42
52	284	WOJTUKIEWICZ Artur	GLIWICE	POL		79	Youn/52	(M)77	00:47:31	00:47:15	04.43
53	101	KOSZYKOWSKI Dominik	GLIWICE	POL		80	Youn/53	(M)78	00:47:49	00:47:29	04.44
54	88	KĘPSKI Albert	ZABRZE	POL		93	Youn/54	(M)80	00:47:58	00:47:37	04.45
55	272	JANKIEWICZ Maciej	ŁĘDZIN	POL		99	Youn/55	(M)81	00:48:05	00:48:04	04.48
56	240	WIECZOREK Mateusz	RUDA ŚLĄSKA	POL		83	Youn/56	(M)82	00:48:13	00:48:04	04.48
57	207	SPYRA Kamil		POL		97	Youn/57	(M)83	00:48:30	00:48:30	04.51
58	161	PENKALA Artur	GLIWICE	POL		86	Youn/58	(M)84	00:48:33	00:48:19	04.49
59	275	KOWALIK Wojciech	ZABRZE	POL		89	Youn/59	(M)85	00:48:34	00:48:16	04.49
60	15	BOJANEK Tomasz	GLIWICE	POL		87	Youn/60	(M)86	00:48:40	00:48:34	04.51
61	222	SZUMNIAK Marcin	CHORZÓW	POL		79	Youn/61	(M)88	00:48:49	00:48:33	04.51
62	94	KOCOT Adam	BYTOM	POL		76	Youn/62	(M)89	00:48:54	00:48:54	04.53
63	12	BŁASZCZYSZYN Michał	GLIWICE	POL		92	Youn/63	(M)90	00:48:55	00:48:47	04.52
64	237	WAGNER Paweł	RYBNIK	POL		79	Youn/64	(M)93	00:49:06	00:48:52	04.53
65	295	PTASZNIK Jacek	GLIWICE	POL		76	Youn/65	(M)94	00:49:11	00:49:07	04.54
66	9	BŁASZCZYSZYN Grzegorz	GLIWICE	POL		88	Youn/66	(M)95	00:49:39	00:49:32	04.57
67	294	CHROBOK Mateusz	ZABRZE	POL		88	Youn/67	(M)96	00:49:47	00:49:39	04.57
68	103	KOWALSKI Bartosz	GLIWICE	POL		83	Youn/68	(M)101	00:50:17	00:50:02	05.00
69	179	PRZYBYLSKI Mariusz	GLIWICE	POL		76	Youn/69	(M)102	00:50:20	00:49:59	04.59
70	289	BRZOSKA Maciej	CZERNICA	POL		83	Youn/70	(M)103	00:50:33	00:50:17	05.01
71	72	HAHN Piotr	PANIÓWKI	POL		82	Youn/71	(M)104	00:50:51	00:50:29	05.02
72	264	ZIĘBA Maksymilian	CZARNY DUNAJEC	POL		87	Youn/72	(M)105	00:51:00	00:50:51	05.05
73	89	KIEREŚ Tomasz	CIESZYN	POL		80	Youn/73	(M)107	00:51:09	00:51:00	05.06
74	5	BAŃKOWSKI Sebastian	GLIWICE	POL		93	Youn/74	(M)111	00:51:49	00:51:29	05.08
75	168	PIETRYSZAK Piotr	RUDA ŚLĄSKA	POL		83	Youn/75	(M)112	00:52:08	00:52:00	05.12
76	70	GRZEGORZEK Mateusz	MIKOŁÓW	POL		89	Youn/76	(M)113	00:52:10	00:51:54	05.11
77	243	WILK Tomasz	MIKOŁÓW	POL		78	Youn/77	(M)115	00:52:42	00:52:19	05.13
78	50	GADAWSKI Bartłomiej	GLIWICE	POL		97	Youn/78	(M)116	00:52:42	00:52:26	05.14
79	93	KOCIOLEK Andrzej	PIEKARY ŚLĄSKIE	POL		78	Youn/79	(M)117	00:52:49	00:52:37	05.15
80	159	ORZAŹEWSKI Marek	BYTOM	POL		82	Youn/80	(M)118	00:52:53	00:52:34	05.15
81	61	GOLEC Przemysław	GLIWICE	POL		77	Youn/81	(M)122	00:53:26	00:53:00	05.18
82	206	SOBOLEWSKI Karol	SOSNOWIEC	POL		98	Youn/82	(M)124	00:53:41	00:53:26	05.20
83	4501	ZDANOWICZ Michał	GLIWICE	POL		79	Youn/83	(M)125	00:53:58	00:53:33	05.21
84	258	ZAMOJSKI Bartosz	BYTOM	POL		76	Youn/84	(M)126	00:53:59	00:53:42	05.22
85	262	ZGRZENDEK Maciej	ZABRZE	POL		90	Youn/85	(M)128	00:54:10	00:54:07	05.24

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Czas Time	Netto	[min/km]
86	85	KACZMARCZYK Grzegorz	ZABRZE	POL		83	Youn/86	(M)129	00:54:20	00:54:14	05.25
87	274	STUZIŃSKI Sylwester	TERNOWSKIE GÓRY	POL		93	Youn/87	(M)130	00:54:40	00:54:20	05.26
88	209	STROKOSZ Dawid	KATOWICE	POL		87	Youn/88	(M)131	00:54:41	00:54:23	05.26
89	270	CHODZIDŁO Rafał	CHORZÓW	POL		81	Youn/89	(M)135	00:55:12	00:54:56	05.29
90	104	KOZAKIEWICZ Tomasz	PYSKOWICE	POL		77	Youn/90	(M)136	00:55:13	00:54:51	05.29
91	130	MANDOK Paweł	SOŚNICOWICE	POL		83	Youn/91	(M)137	00:55:15	00:54:48	05.28
92	13	BOBEL Krzysztof	ŚWIĘTOSZOWICE	POL		84	Youn/92	(M)138	00:55:36	00:55:34	05.33
93	141	MIKA Artur	BYTOM	POL		90	Youn/93	(M)140	00:55:53	00:55:52	05.35
94	247	WOLNY Marek	CHORZÓW	POL		78	Youn/94	(M)142	00:56:29	00:56:23	05.38
95	30	CZYŻEWSKI Artur	IZBICKO	POL		79	Youn/95	(M)144	00:56:47	00:56:32	05.39
96	97	KONIECZNY Jacek	PYSKOWICE	POL		82	Youn/96	(M)145	00:56:49	00:56:25	05.38
97	198	SIKORA Szymon	GLIWICE	POL		95	Youn/97	(M)149	00:57:48	00:57:33	05.45
98	297	WOWRO Grzegorz	ŁĘDZINY	POL		78	Youn/98	(M)150	00:57:54	00:57:49	05.46
99	54	GANCORZ Paweł	GLIWICE	POL		91	Youn/99	(M)152	00:58:08	00:57:47	05.46
100	92	KOBIELARZ Tomasz	ZABRZE	POL		82	Youn/100	(M)153	00:58:29	00:58:11	05.49
101	149	NAPIERAJ Marek	MIKOŁÓW	POL		87	Youn/101	(M)158	00:59:16	00:58:56	05.53
102	125	MACHERZYŃSKI Aleksander	BYTOM	POL		81	Youn/102	(M)160	01:00:06	00:59:42	05.58
103	204	SMOLKA Piotr	GLIWICE	POL		94	Youn/103	(M)162	01:01:21	01:01:18	06.07
104	182	PYREK Marek	LARYSZÓW	POL		84	Youn/104	(M)163	01:03:11	01:02:45	06.16
105	32	DAWIDKO Paweł	GLIWICE	POL		91	Youn/105	(M)165	01:03:35	01:03:20	06.20
106	256	ZACZKOWSKI Michał	GLIWICE	POL		81	Youn/106	(M)168	01:04:25	01:03:58	06.23
107	22	CYBAŁA Piotr	GLIWICE	POL		85	Youn/107	(M)171	01:05:19	01:04:56	06.29
108	106	KRAJEWSKI Karol	SOSNOWIEC	POL		95	Youn/108	(M)172	01:05:51	01:05:44	06.34
109	268	ŻELEZNY Tomasz	GLIWICE	POL		86	Youn/109	(M)174	01:07:57	01:07:38	06.45

Bieg 10 km - ForYou [65]

1	176	PRASOŁ Zbigniew	RYBNIK	POL		75	ForY/1	(M)7	00:39:32	00:39:30	03.57
2	25	CZARNOZYŃSKI Aleksander	GLIWICE	POL		64	ForY/2	(M)13	00:41:31	00:41:30	04.09
3	63	GOMULEC Tomasz	KRAKÓW	POL		71	ForY/3	(M)21	00:42:48	00:42:48	04.16
4	299	LEONOWICZ Andrzej	ZABRZE	POL		64	ForY/4	(M)25	00:43:11	00:43:11	04.19
5	183	PYSZ Grzegorz	ŻORY	POL		75	ForY/5	(M)26	00:43:19	00:43:07	04.18
6	6	BEDNAREK Jan	ŻORY	POL		50	ForY/6	(M)27	00:43:20	00:43:16	04.19
7	252	WRÓBLEWSKI Robert	BYTOM	POL		75	ForY/7	(M)30	00:43:57	00:43:39	04.21
8	230	ŚWITA Jarosław	WODZISŁAW ŚLĄSKI	POL		71	ForY/8	(M)39	00:45:02	00:44:50	04.29
9	271	KOCHMAN Krzysztof	SOSNOWIEC	POL		69	ForY/9	(M)45	00:45:11	00:44:54	04.29
10	164	PĘDOWSKI Wojciech	GLIWICE	POL		64	ForY/10	(M)47	00:45:27	00:45:21	04.32
11	46	FILIPIAK Hieronim	BYTOM	POL		74	ForY/11	(M)54	00:46:11	00:45:52	04.35
12	24	CZAPEK Marek	GLIWICE	POL		73	ForY/12	(M)55	00:46:11	00:45:48	04.34
13	174	POLAK Krzysztof	RUDA ŚLĄSKA	POL		73	ForY/13	(M)56	00:46:12	00:45:57	04.35
14	231	TIAHNYBOK Paweł	KALETY	POL		72	ForY/14	(M)58	00:46:13	00:46:02	04.36
15	291	MICHALEK Jarosław	KRAKÓW	POL		65	ForY/15	(M)60	00:46:15	00:46:07	04.36
16	192	RYBAKIEWICZ Grzegorz	KNURÓW	POL		74	ForY/16	(M)61	00:46:16	00:45:56	04.35
17	283	BELUCH Witold	GLIWICE	POL		67	ForY/17	(M)63	00:46:33	00:46:21	04.38
18	261	ZEMŁA Piotr	GLIWICE	POL		69	ForY/18	(M)64	00:46:34	00:46:31	04.39
19	144	MOZGALIK Adam	KNURÓW	POL		69	ForY/19	(M)65	00:46:34	00:46:25	04.38
20	220	SZOLC Grzegorz	PANIÓWKI	POL		74	ForY/20	(M)66	00:46:42	00:46:35	04.39
21	26	CZAUDERNA Adrian	GLIWICE	POL		74	ForY/21	(M)68	00:46:43	00:46:18	04.37
22	47	FLORECKI Andrzej	GLIWICE	POL		55	ForY/22	(M)70	00:46:49	00:46:45	04.40
23	280	ŻEROMSKI Stefan	GLIWICE	POL		61	ForY/23	(M)73	00:47:12	00:47:12	04.43
24	282	KACZKIEWICZ Damian	GLIWICE	POL		74	ForY/24	(M)75	00:47:17	00:46:58	04.41
25	139	MICHALAK Grzegorz	ZABRZE	POL		72	ForY/25	(M)79	00:47:52	00:47:50	04.47
26	136	MATUSZCZYK Maciej	KATOWICE	POL		71	ForY/26	(M)87	00:48:46	00:48:24	04.50
27	42	DYNAK Mariusz	SUCHA	POL		73	ForY/27	(M)91	00:48:59	00:48:48	04.52
28	255	ZACHARIASZ Marek	SOSNOWIEC	POL		69	ForY/28	(M)92	00:49:01	00:48:52	04.53
29	77	IMIOLEK Arkadiusz	PILCHOWICE	POL		71	ForY/29	(M)97	00:49:55	00:49:48	04.58
30	189	RENKIEL Tomasz	GLIWICE	POL		75	ForY/30	(M)98	00:49:58	00:49:38	04.57
31	86	KALTBACH Kordian	KRAPKOWICE	POL		68	ForY/31	(M)99	00:50:09	00:49:46	04.58
32	225	SZYBIŃSKI Jacek	RYBNIK	POL		73	ForY/32	(M)100	00:50:15	00:50:08	05.00

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k W kategorii YoB in Age Sex	Czas Time	Netto	[min/km]
33	48	FRANKE Tomasz	GLIWICE	POL		75 ForY/33 (M)106	00:51:05	00:50:51	05.05
34	223	SZUMSKI Tomasz	GLIWICE	POL		75 ForY/34 (M)108	00:51:10	00:50:52	05.05
35	119	LISOŃ Adam	RUDA ŚLĄSKA	POL		68 ForY/35 (M)109	00:51:27	00:51:17	05.07
36	138	MĘDRALA Jacek	GLIWICE	POL		75 ForY/36 (M)110	00:51:28	00:51:28	05.08
37	73	HAJDUGA Rafał	GLIWICE	POL		74 ForY/37 (M)114	00:52:17	00:51:55	05.11
38	146	MROŻEK Zbigniew	DĄBROWA GÓRNICZA	POL		62 ForY/38 (M)119	00:52:54	00:52:46	05.16
39	80	JELLINEK Piotr	GLIWICE	POL		72 ForY/39 (M)120	00:52:55	00:52:43	05.16
40	68	GRONDECKI Grzegorz	GLIWICE	POL		70 ForY/40 (M)121	00:53:17	00:52:55	05.17
41	241	WIECZORKE Marcin	PRZYSZOWICE	POL		74 ForY/41 (M)123	00:53:36	00:53:25	05.20
42	90	KLAWENDER Ryszard	GLIWICE	POL		59 ForY/42 (M)127	00:54:10	00:54:10	05.25
43	217	SZCZERBA Grzegorz	POREBA	POL		73 ForY/43 (M)133	00:54:51	00:54:31	05.27
44	148	NADROWSKI Tadeusz	ZORY	POL		54 ForY/44 (M)134	00:55:10	00:54:51	05.29
45	288	BEDNARZ Arkadiusz	GLIWICE	POL		74 ForY/45 (M)139	00:55:42	00:55:31	05.33
46	79	JAWOREK Dariusz	GLIWICE	POL		71 ForY/46 (M)141	00:56:06	00:55:40	05.34
47	82	JÓZEFIAK Marek	KATOWICE	POL		69 ForY/47 (M)143	00:56:42	00:56:22	05.38
48	228	ŚLEZIAK Jacek	TARNOWSKIE GÓRY	POL		72 ForY/48 (M)146	00:56:55	00:56:40	05.40
49	41	DYMNICKI Andrzej	GLIWICE	POL		75 ForY/49 (M)147	00:56:56	00:56:32	05.39
50	214	SZCZECH Krzysztof	GLIWICE	POL		72 ForY/50 (M)148	00:57:01	00:56:54	05.41
51	16	BRODIUK Norbert	GLIWICE	POL		73 ForY/51 (M)151	00:58:01	00:57:46	05.46
52	53	GAJEWSKI Jarosław	TYCHY	POL		68 ForY/52 (M)154	00:58:37	00:58:37	05.51
53	278	SOKÓŁ Adam	KATOWICE	POL		65 ForY/53 (M)155	00:58:38	00:58:26	05.50
54	210	STRZELECKI Piotr	ZABRZE	POL		52 ForY/54 (M)156	00:58:48	00:58:47	05.52
55	178	PRZYBYLSKI Andrzej	SOSNOWIEC	POL		67 ForY/55 (M)157	00:59:09	00:59:00	05.54
56	95	KONICZEK Marek	GLIWICE	POL		60 ForY/56 (M)159	00:59:35	00:59:13	05.55
57	1	KELLER Marcin	GLIWICE	POL		73 ForY/57 (M)161	01:00:06	00:59:43	05.58
58	124	MACHAŁA Tomasz	GLIWICE	POL		75 ForY/58 (M)164	01:03:24	01:03:08	06.18
59	131	MAŃKA Andrzej	RUDA ŚLĄSKA	POL		54 ForY/59 (M)166	01:04:12	01:04:12	06.25
60	172	PLUCIŃSKI Paweł	SOSNOWIEC	POL		71 ForY/60 (M)167	01:04:25	01:03:56	06.23
61	253	WUWER Andrzej	RYBNIK	POL		74 ForY/61 (M)169	01:04:26	01:04:02	06.24
62	33	DEC Tomasz	GLIWICE	POL		74 ForY/62 (M)170	01:05:02	01:04:51	06.29
63	113	KUNISZYK Krzysztof	RYBNIK	POL		70 ForY/63 (M)173	01:06:15	01:05:57	06.35
64	298	JANKIEWICZ Marek	KATOWICE	POL		67 ForY/64 (M)175	01:09:40	01:09:37	06.57
65	123	ŁYSAKOWSKI Marek	BABORÓW	POL		50 ForY/65 (M)176	01:33:49	01:33:23	09.20